

Calendar Based Curriculum Guide: Lifetime Sports

Essential Question	August/September What is a lifetime sport? Why are they important?	October Why is rhythm important? What is proper floating safety?	November What is hunter safety and why is it important? What is proper bow shooting technique?
Content	Omnikin Ball Fishing Dutch Oven Cooking Bocce Ball	Dance Bolongo Ball Floating safety	Hunter Safety Ping Pong Bow and arrow shooting
Skills	Run, strike, catch Correct use of a fishing pole Hand-eye coordination Socialization Proper cooking skills	Proper rhythm Throwing Hand eye coordination Socialization Proper floating technique and etiquette	Accuracy Hand eye coordination Striking Proper bow and arrow shooting technique Proper gun handling and shooting techniques
Assessments	Observation Classroom demonstrations Field trip for use of skills	Observation Class demonstrations Make up their own dance assignment Field trip for use of skill	Observation Hunter safety reviews in class Class activities Field trip for skill use
Activities/Resources	Omnikin Ball Fishing at conservation pond Dutch oven cooking while at the pond Bocce Ball	Line Dancing Bolongo Ball Floating at conservation pond	Hunter safety class with reviews and test Bow and arrow shooting in class Andy Dalton Shooting Range field trip for shotgun, rifle and bow shooting

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Essential Question	December Why learn new games with new skills?	January Why work on skills we have already learned?	February Why work on skills we have already learned?
Content	Pickle Ball Eclipse Ball	Ping Pong Pickle Ball	Bow Hunter Safety Line Dancing Bolongo Ball
Skills	Striking Running Hand eye coordination	Striking Hand eye coordination Lateral movement	Hand eye coordination Rhythmus Bow hunter safety books
Assessments	Observation Class room activity	Observation Class room activity	Observation Review lessons in BHS books
Activities/Resources	Pickle Ball and Eclipse Ball in class Final over semester work	Pickle Ball Ping Pong in class	BHS class Line dancing in class Bolongo Ball in class

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Essential Questions	<p>March</p> <p>What is proper gun and bow and arrow safety? How can we use judging distances in sport?</p>	<p>April/May</p> <p>Why is it important to practice proper floating safety techniques and how do we do that?</p>
Content	<p>Shooting Range Horseshoes Disc Golf</p>	<p>Golf Floating Safety Floating Trip</p>
Skills	<p>Proper gun and bow and arrow safety Hand-eye coordination Distance Judging Proper Frisbee</p>	<p>Hand eye coordination Distance Judging Proper floating safety</p>
Assessments	<p>Observation Hands on activity</p>	<p>Observation Demonstrate floating skills on a actual float trip</p>
Activities/Resource	<p>Andy Dalton Shooting Range Horseshoes Disc Golf at the Good Samaritan Boys Ranch</p>	<p>Golf Float trip with MDC on the Pome Detarre River Final Over semester</p>