

Calendar-Based Curriculum Map: Introduction to FACS

	August or January	September or February
Essential Question	How does FCCLA assist students in assuming a leadership role as a responsible Family Member and Citizen?	What is leadership? Why are self development skills important? Why are these skills important in careers?
Content	Leadership Styles; Characteristics of effective leadership; FCCLA mission, goals, and components; problem solving; FCCLA planning process	Teamwork; cooperation; decision making that affects society; physical/emotional/social/ intellectual development; communication positive relationships; character education; career investigation and planning; employability skills
Skills	Define leadership and leadership styles; Identify characteristics of effective leadership; Identify organization roles and opportunities and how they assist in becoming a family member and citizen; Demonstrate problem solving skills; Benefits of FCCLA	Utilize and identify components of effective teamwork and leadership; Demonstrate cooperation to achieve goals; Demonstrates decision making and acting as responsible members of society; relationship of physical/emotional/Physical/social development; Identify communication skills and their importance in positive relationships; Identify and apply character education in the family, workplace and community; Demonstrate employability skills; Examine career choices and development of a career plan
Assessments	Worksheets, Quizzes, FCCLA Power of One unit, Step One, FCCLA test	Worksheets, Quizzes, Unit test
Activities/ Resources	Step One CD; Power of One Manual, FCCLA Handbook, textbook	Leadership Style checklist, Personality checklist, Group presentation on character education in PHS, Character Education Poster, textbook

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	October or March	November or April
Essential Question	What is a family system and its important components?	What are the important components of personal finance?
Content	Significance of family consumer sciences and FCCLA; different family structures; diversity in individuals and families; influences of family, society and individuals	Reliable sources for consumers; technology to help families; family management resources; personal management resources; clothing management resources;
Skills	Explain the importance of family and consumer sciences; Compare and contrast the different family structures; Explain how diversity impacts individuals and families; Explain how families affect individuals and society; Understand the impact of FCCLA on preparation for multiple roles in society	Identify reliable resources for consumer information; Utilize technology to solve family challenges; Demonstrate how to manage living environments, personal resources, and material resources to achieve goals; Demonstrate ways to manage clothing resources; Show how FCCLA is related to personal finances
Assessments	Worksheets, Quizzes, Unit test	Worksheets, Quizzes, Unit test
Activities/ Resources	National Programs for FCCLA; textbook; Family history project	Textbook, Financial Fitness,

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	December or May	
Essential Question	Why is the importance of nutrition, health and wellness?	
Content	Health; wellness; fitness; exercise; accident/injury prevention; food choices; substance use and abuse; risk of adolescent sexual activity;	
Skills	Define health, wellness, and fitness; Explain the relationship between exercise and health; Describe accident/injury prevention strategies; Explain the impact of food choices on a healthy lifestyle; Use nutrition to plan and prepare food; Identify the consequences of substance use and abuse; Identify the risk of adolescent sexual activity	
Assessments	Worksheets, Quizzes, Unit test, food labs	
Activities/Resources	Textbook, food labs, meal planning activity. healthy life plan,	